

Mesa Valley Estates
1328 Bertha Howe Ave
Mesquite, Nevada 89034

Postage
Information



DECEMBER 2018

Mesa Valley Estates
Assisted Living & Memory Care
1328 Bertha Howe Ave
Mesquite, Nevada 89034
(702) 344-5050

Waiting for the Sun

In the northern hemisphere, the winter solstice, on December 21, brings the longest night of the year. Due to the tilt of Earth on its axis, the north pole faces away from the sun. While the interminable darkness stretches on, in many cultures this is a time to celebrate the light, and has been for centuries. Perhaps the most famous destination for viewing the sun during the winter solstice is at Stonehenge in England. This famous arrangement of massive stones was erected in prehistoric times and is perfectly aligned with sunset on the winter solstice. Scientists have concluded that this was a site of ancient ritual. Archaeologists believe Stonehenge was built in several stages, with the earliest constructed 5,000 or more years ago.



"Winter-Time" (1885)

Late lies the wintry sun a-bed,
A frosty, fiery sleepy-head;
Blinks but an hour or two; and then,
A blood-red orange, sets again.

Before the stars have left the skies,
At morning in the dark I rise;
And shivering in my nakedness,
By the cold candle, bathe and dress.

Close by the jolly fire I sit
To warm my frozen bones a bit;
Or with a reindeer-sled, explore
The colder countries round the door.

When to go out, my nurse doth wrap
Me in my comforter and cap;
The cold wind burns my face, and blows
Its frosty pepper up my nose.

Black are my steps on silver sod;
Thick blows my frosty breath abroad;
And tree and house, and hill and lake,
Are frosted like a wedding-cake.

By: Robert Louis Stevenson



Christmas Crossing

It was nearly midnight on Christmas of 1776 when Revolutionary War General George Washington daringly crossed the freezing Delaware River to turn the tide in favor of the colonists.



Washington had suffered numerous defeats, resulting in the loss of many strategic locations, including New York City in the north. Washington's plan included three crossings of the Delaware. He led a division of 2,400 men to surprise a group of German Hessian soldiers gathered at Trenton. When Washington's force descended the next morning, the Hessians were caught unaware after a night of Christmas revels and were easily overwhelmed. When Washington's other two divisions of 3,000 men failed to make the rendezvous, he was forced to withdraw. While the victory was not particularly strategic, Washington's renown and the morale of the Continental Army grew.

On these beams, we're building dreams

Each and every day,
more progress is made,
The plumbing was installed
and foundation was paved.
Can't wait 'til we have,
our Sneak Peek this Spring,
Hosting our very first tours,
Excitement it will bring.
Already 15% leased,

Our Founder's Club continues to grow,
Amongst the first to move in,
To the apartments they chose.
What a joyous adventure
as we fulfill our dreams,
building bright futures and hopes,
on these here hardy beams.



<http://mesavalleyestates.net/>

<https://www.facebook.com/Mesa-Valley-Estates>

Our Culture of Ageless Dreams

It's not enough to solely provide our residents with needed care services, but to also ensure they maintain purpose in life and know they're loved and appreciated. So, we're setting the bar in senior living by providing Ageless Dreams.

Over the years, Mesa Valley Estates' sister communities have made it a point to personally get to know each and every one of

our residents with the intention of going above and beyond by make dreams come true. Through our culture of Ageless Dreams, we're looking forward to getting to know our founders, and one by one, make your dreams come true, too.

Here's a look at a few Ageless Dreams that have occurred in Mesa Valley Estates' sister communities.



Marvin threw the first pitch at the Reno Aces Baseball Game.



Betty Lou & June had a little too much fun!



Audrey crossed the finish line.



Florence built a snowman.



Maxine went to Hawaii, kinda-sorta



Mary painted Picasso.



Marvin rode the rails.

Marty went on a hot air balloon ride!



Virginia relived her childhood memory of eating crab with family.



Ron & Holly tied the knot.



Jack went to the rodeo.



Jay rode on an ATV.



Betty got out of jail.

Mesa Valley Estates' MVP's

There are a number of communities offering assisted living in Nevada. But you'll find there's something different about Mesa Valley Estates ...and it isn't our well-furnished rooms nor our various amenities. It's simply six words that define our mission and impact how we care for our residents on a day-to-day basis:

Caring People, Serving People, Improving Lives.

Our mission statement guides everything from how we train our team members to how we discover—and meet—your loved one's unique needs.

Our Mission

Caring People, Serving People, Improving Lives

Values

- Respect
- Integrity
- Collaboration
- Excellence
- Transparency

Core Principles

- **SERVICE** – We will be passionate about caring for and serving our residents, their families and in seeking new residents.
- **LEADERSHIP** – We will seek to identify and train effective leaders at every level of the organization.
- **SIMPLICITY** – We will focus on the fundamentals.
- **IMPROVEMENT** – We will get a little better each day.
- **STEWARDSHIP** – We will be stewards of all our resources.
- **ATTITUDE** – We will enthusiastically support each other in accomplishing our mission and goals.
- **PERSEVERANCE** – We will always PRESS ON.

Our New Home, Mesquite

Founded in the late 1800's and once called Mesquite Flats, this beautiful city is bustling with growth and has so many potential Ageless Dreams awaiting. It's the perfect place to ensure our residents remain fully engaged with fun things to do while we're out and about, strolling through town.

From Mesquite's sporting events, tournaments, champion golf courses and gaming sites, to the abundance of outdoor trails, parks, entertaining shows and gourmet restaurants, we'll have plenty of adventures when we officially open in the Fall of 2019.

Nine months may seem a long way off, yet we're already approaching the new year so it's not as far as it seems. Time flies when you're having fun, and that's exactly what we're doing as we build our dreams in our new home of Mesquite.

Mesa Valley Estates' Sister Communities

Summit Estates: 222 E Patriot Blvd.
Reno, NV 89511 (775) 434-1880

Carson Valley: 1189 Kimmerling Road,
Gardnerville, NV 89460 (775) 265-1400

Fernley Estates: 1130 Chisholm Trail
Fernley, NV 89408 (775) 372-8625

Skylark Assisted Living: 900 Skylark Place
Ashland, OR 97520 (541) 552-1713

River Valley Estates: 7053 E. 31st Place
Yuma, AZ 85365 (928) 433-6958